

When dealing with healthcare and benefits, it can be hard to know where to start. Quantum Health will be your one place to turn when you need assistance.



One number to call with any questions



One app for self-service help



One team of experts dedicated to helping you





myavbhealthhub.com

(866) 678-2892

(Monday-Friday, 8:30 a.m.-10 p.m. ET)



for healthcare guidance and benefits information

When your benefits kick in, think of Quantum Health as your dedicated team of nurses, claims specialists and benefits experts ready to save you time and:

- Answer claims, billing and benefits questions
- Find in-network providers
- Verify coverage and get prior approval, if needed
- Contact providers to coordinate your treatment
- Review your care options
- Provide information on health issues
- Help you save on out-of-pocket costs
- Help you get the most out of your benefits



No request is too big or small for your Quantum Health Care Coordinators. When you need help, we'll be just a **tap, click, chat or call away.**

Contact your Care Coordinators beginning Monday, December 1st, 2025. Watch for more information soon.



